

# Poland (Rural)

## Global Youth Tobacco Survey (GYTS)

### FACT SHEET . . . . .



The Poland (rural) GYTS includes data on prevalence of cigarette and other tobacco use as well as information on five determinants of tobacco use: access/availability and price, environmental tobacco smoke exposure (ETS), cessation, media and advertising, and school curriculum. These determinants are components Poland could include in a comprehensive tobacco control program.

The Poland (rural) GYTS was a school-based survey of students conducted in 1999. A two-stage cluster sample

design was used to produce representative data for all of rural Poland. At the first stage, schools were selected with probability proportional to enrollment size. At the second stage, classes were randomly selected and all students in selected classes were eligible to participate. The school response rate was 92.3%, the student response rate was 82.9%, and the overall response rate was 76.5%. A total of 1642 students participated in the Poland (rural) GYTS.

#### Prevalence

58.7% of students had ever smoked cigarettes (Male = 68.2%, Female = 49.8%)  
 20.0% currently use any tobacco product (Male = 25.2%, Female = 14.5%)  
 16.9% currently smoke cigarettes (Male = 21.7%, Female = 11.6%)  
 6.2% currently use other tobacco products (Male = 7.8%, Female = 4.4%)  
 21.6% of never smokers are likely to initiate smoking next year

#### Knowledge and Attitudes

24.8% think boys and 16.6% think girls who smoke have more friends  
 8.5% think boys and 5.0% think girls who smoke look more attractive

#### Access and Availability - Current Smokers

10.6% usually smoke at home  
 37.6% buy cigarettes in a store  
 61.7% who bought cigarettes in a store were NOT refused purchase because of their age

#### Environmental Tobacco Smoke

67.9% live in homes where others smoke  
 62.3% are around others who smoke in places outside their home  
 84.6% think smoking should be banned from public places  
 61.8% definitely think smoke from others is harmful to them  
 67.2% have one or more parents who smoke  
 21.5% have most or all friends who smoke

#### Cessation - Current Smokers

79.5% want to stop smoking  
 79.1% tried to stop smoking during the past year  
 66.0% have ever received help to stop smoking

#### Media and Advertising

89.9% saw anti-smoking media messages, in the past 30 days  
 84.0% saw pro-cigarette ads on billboards, in the past 30 days  
 89.1% saw pro-cigarette ads in newspapers or magazines, in the past 30 days  
 20.5% have an object with a cigarette brand logo  
 43.5% were offered free cigarettes by a tobacco company representative

#### School

53.4% had been taught in class, during the past year, about the dangers of smoking  
 44.8% had discussed in class, during the past year, reasons why people their age smoke  
 41.5% had been taught in class, during the past year, the effects of tobacco use

#### Highlights

- 20% of students currently use any form of tobacco; 17% currently smoke cigarettes; 6% currently use some other form of tobacco.
- ETS exposure is very high – 7 in 10 students live in homes where others smoke; 6 in 10 are exposed to smoke in public places; 7 in 10 have parents who smoke.
- Over 8 in 10 students think smoking should be banned in public places.
- 6 in 10 students think smoke from others is harmful to them.
- 8 in 10 smokers want to stop.
- 9 in 10 students saw anti-smoking media messages in the past 30 days; over 8 in 10 students saw pro-cigarette ads in the past 30 days..